

If patient is **NOT** in pain ensure prn doses of morphine / diamorphine are written up and available as above PRN doses of morphine / diamorphine should not be given more often than 2 hourly without medical review

Examples of conversion:

a) To work out prn dose of oral morphine

- 1. Total daily dose of morphine e.g. MST 30mg bd = 60 mg / 24 hours
- 2. Divide total daily dose of morphine by 6 e.g. $60 \text{mg} \div 6 = 10 \text{mg}$ oral morphine prn

b) If on oral morphine only & prn dose of diamorphine is required:

- 1. Work out prn dose of oral morphine as above e.g. $60 \text{mg} \div 6 = 10 \text{ mg}$
- 2. Divide the prn dose of morphine by 3 e.g. $10mg \div 3 = 2.5 5mg$

c) To work out s/c diamorphine infusion dose

- 1. Total daily dose of morphine e.g. MST 30mg bd = 60mg
- 2. Add in any prn doses that have been given e.g. Oramorph $10 \text{mg} \times 3 = 30 \text{mg} + 60 \text{mg} \text{ (MST)} = 90 \text{ mg}$
- 3. Divide total dose of morphine by 3 e.g. $90mg \div 3 = 30 mg$ diamorphine / 24 hours

d) To work out prn s/c diamorphine dose

- 1. Total daily dose of diamorphine e.g. 90mg
- 2. Divide by 6 e.g. $90mg \div 6 = 15mg$

To convert from other strong opioids seek specialist advice